



DEALING WITH DOUBT

Matthew 11:2 – 3; John 20: 24 – 30

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MESSAGE NOTES

Doubt will surface at the depths of our disappointments and despair.

When John, who was in prison, heard about the deeds of the Messiah, he sent his disciples to ask Him, "Are You the One Who is to Come, or should we expect someone else?" – Matthew 11:2 – 3 (NIV)

Now Thomas (also known as Didymus), one of the Twelve, was not with the disciples when Jesus came. So the other disciples told him, "We have seen the Lord!" But he said to them, "Unless I see the nail marks in His hands and put my finger where the nails were, and put my hand into His side, I will not believe." A week later His disciples were in the house again, and Thomas was with them. Though the doors were locked, Jesus came and stood among them and said, "Peace be with you!" Then He said to Thomas, "Put your finger here; see My hands. Reach out your hand and put it into My side. Stop doubting and believe." – John 20: 24 – 26 (NIV)

It's okay to not be okay, but it's not okay to stay that way.

Ask the hard questions.

***"Doubt is not always a sign that a man is wrong; it may be a sign that he is thinking."* – Oswald Chambers**

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– John 20:26 – 27 (NIV)*

Don't doubt alone.

DOUBT must exist for FAITH to be exercised.

Doubt is NOT a conclusion; it's a conversation.

Thomas said to Him, "My Lord and my God!" – John 20:28 (NIV)



DISCUSSION QUESTIONS

Use as many or as few of these questions as are helpful for your group or family discussion.

- Have you ever doubted God? What happens when you question whether any of it is actually true?

- What do you do when what you're seeing or experiencing doesn't quite match what God's Word says?

- What do we do if we're in a season of doubt? How do we navigate it without losing our faith?

- What hard questions do you have about God, life, or the Bible?

- Perhaps you're not in a season of doubt. How do you respond to those around you who are?

