

MOTHER'S DAY

ENCOUNTER



MAY 10 2026

THE CONFIDENCE OF HUMILITY

1 Peter 5:6 – 9

May 10, 2026

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MESSAGE NOTES

The confidence of humility is found by:

Humble yourselves, therefore, under the mighty hand of God so that at the proper time He may exalt you, ...
– 1 Peter 5:6 (ESV)

- **Waiting with open hands of surrender**

... humility comes before honor. – Proverbs 15:33 (ESV)

Whoever exalts himself will be humbled, and whoever humbles himself will be exalted. – Matthew 23:12 (ESV)

Humble yourselves before the Lord, and He will exalt you. – James 4:10 (ESV)

... casting all your anxieties on Him, because He cares for you. – 1 Peter 5:7 (ESV)

And they went to a place called Gethsemane. And He said to His disciples, "Sit here while I pray." And He took with Him Peter and James and John, and began to be greatly distressed and troubled. – Mark 14:32 – 33 (ESV)

"Let not your hearts be troubled. Believe in God; believe also in Me." – John 14:1 (ESV)

Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. – 1 Peter 5:8 (ESV)

- **Watching with open eyes of awareness**

The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly.
– John 10:10 (ESV)

Humble yourselves, therefore, under the mighty hand of God ... – 1 Peter 5:6 (ESV)

- **Trusting with open hearts of faith**

Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. – 1 Peter 5:9 (ESV)

And after you have suffered a little while, the God of all grace, who has called you to His eternal glory in Christ, will Himself restore, confirm, strengthen, and establish you. – 1 Peter 5:10 (ESV)

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MESSAGE SUMMARY

This message from 1 Peter 5:6–9 reminded us that real confidence is found in biblical humility where we are placing our lives under God’s mighty hand. Instead of trying to carry everything ourselves, we are called to wait with open hands, casting all our anxieties on Him because He cares for us. At the same time, we watch with open eyes, staying spiritually alert in a real battle. We watch with faith instead of fear trusting Jesus who has already won. Ultimately, this passage points us to Christ who lifts us up in his perfect time.

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DISCUSSION QUESTIONS

Use as many or as few of these questions as are helpful for your group or family discussion.

- Discussion Starter: What's something small that stresses you out way more than it should?

- Read 1 Peter 5:6–7. What is the connection between humbling ourselves and casting our anxieties on God?

- Peter says to cast “all” your anxieties on Him. What is hardest for you to actually release to God, and why?

- Read Mark 14:32–36. What do you learn from how Jesus handled His distress, and how can that shape the way you handle yours?

- What would it look like for you this week to live with open hands (surrender), open eyes (spiritual awareness), and an open heart (faith)?

- Read 1 Peter 5:8–9. What does it mean to resist the enemy and stand firm in faith, and how can we help each other do that this week?