



ENCOUNTER CARE MINISTRIES

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(805) 665-3455 (MOBILE)

COUNSELING

Counseling is part of our lives. Sometimes it takes the form of a conversation with a trusted friend, family member or neighbor. Some will seek out a Bible Study leader or a pastor for spiritual guidance. At ENCOUNTER there are a number of ways to connect to good, godly, counsel.

GRIEFSHARE

Griefshare is for those who have lost a loved one. Debi Dixon is a Certified Grief Coach, specializing in grief and loss. She facilitates our GriefShare workshops offered at various times throughout the year. Call (805) 766-4071 to schedule an appointment.

CELEBRATE RECOVERY

Celebrate Recovery meets every Thursday night at 6:30 pm in The PLEX. This is not just a program for drug and alcohol addiction. Find hope and healing for any painful situation or habit that keeps you stuck in a cycle of dysfunctional behavior. Childcare provided at \$5 per family.

PROFESSIONAL COUNSELING RESOURCES

**ENCOUNTER lists the following professional counseling resources as a courtesy to our members. We do not endorse or recommend specific therapists, but those listed have received positive feedback from church members.*

Tom Archbald, LMFT, MA

Specialties: Anxiety, child depression, dissociative disorders (DID), divorce, seniors/geriatric, grief, impulse control, life coaching, OCD, parenting, personality disorders, sex therapy, substance use, thinking disorders, relationship issues, trauma & PTSD, addiction

Contact: (805) 317-4962

Debi Dixon

Specialties: Certified grief coach

Location: Ventura

Contact: (805) 766-4071

Patrick McCaslin, LMFT

Specialties: Anger, addiction, abuse

Location: Ventura

Contact: (805) 288-8530 | patrickmccaslinmft@gmail.com

Nydia Mendez, LMFT, MA

Specialties: Relationship issues, anxiety, self-esteem, codependency, coping skills, depression, infidelity, life transitions

Contact: (805) 856-6856

Kimberly Prendergast, LMFT

Specialties: At-risk children, teens, young adults; depression/anxiety; substance abuse; self-injurious behavior

Location: Ventura

Contact: (805) 243-8085 | kprendergast@empiretcs.net

Pat Stepler, MS, LMFT

Specialties: Child, adolescent & family therapy; anxiety/depression; attachment issues; substance abuse; high-risk self-injurious behaviors; support for women with chronic illness, life transitions, or fertility issues

Location: Ventura

Contact: (805) 765-2873 | pstepler@empiretcs.net

Timothy D. Smith, MA

Specialties: Family coach

Location: Westlake Village

Contact: (805) 208-0648 | parentscoashtim@gmail.com

Kathleen Streeter, LMFT

Specialties: Trauma, PTSD, anxiety, women's issues, depression, grief, life transitions, mood disorders

Contact: (805) 421-4568

Kids & Families Together

Specialties: Nonprofit family counseling and support for foster/resource care, kinship care, guardianship, adoption, and birth families

Location: Ventura

Contact: (805) 643-1446

Marty Lythgoe, CADC, NCAC, SAP

Specialties: Addiction, codependency, relapse prevention, Christian counseling

Location: Telehealth (based in Oregon)

Contact: (541) 727-7088 | martylythgoe.com

