



## GROWING UP & OUT

Matthew 13:1 – 9

June 1, 2025

Danny Bowers, Executive Pastor

### MESSAGE NOTES

*That same day Jesus went out of the house and sat beside the sea. And great crowds gathered about Him, so that He got into a boat and sat down. And the whole crowd stood on the beach. And He told them many things in parables, saying: "A sower went out to sow. And as he sowed, some seeds fell along the path, and the birds came and devoured them." – Matthew 13:1 – 4 (ESV)*

*"Other seeds fell on rocky ground, where they did not have much soil, and immediately they sprang up, since they had no depth of soil, but when the sun rose they were scorched. And since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and produced grain, some a hundredfold, some sixty, some thirty. He who has ears, let him hear." – Matthew 13:5 – 9 (ESV)*

**Distractions – a thing that prevents someone from giving full attention to something else.**

**Deceptions – tricking or misleading someone into believing something that isn't true**

**What impact is your life having because of what Jesus is doing in you?**

**Where do you want Jesus to do something in you? Where do you want to grow?**

#### **Book Recommendations:**

***Get Out of Your Head: Stopping the Spiral of Toxic Thoughts* by Jennie Allen**

<https://www.amazon.com/Get-Out-Your-Head-Stopping/dp/1601429649/>

***Growing Your Faith: How to Mature in Christ* by Jerry Bridges**

<https://www.amazon.com/Growing-Your-Faith-Mature-Christ/dp/1576834751>



## **DISCUSSION QUESTIONS**

- How many times have you read or heard this parable?
- What stood out to you this time?
- What modern-day visual would parallel this parable if you put it into a current context?
- In the last 30 days, where have you heard or read Scripture that led to a shift in your life?
- When are you like the seed that falls along the path and doesn't grow?
- When are you like the seed that falls on the rock and gets choked out? What tends to choke you out?
- When are you like the seed that gets entangled with weeds that hold you back?
- When are you like the seed that creates growth and bears fruit?
- How long do you want to stay committed to being seed on the path? The rocks? The weeds?
- Where are you willing to shift and get uncomfortable in order to see your life bear fruit?