



LEVEL UP
1 Timothy 4:15 (ESV)
November 3, 2024
Jon Field, Lead Pastor

MESSAGE NOTES

Practice these things, immerse yourself in them, so that all may see your progress. – 1 Timothy 4:15 (ESV)

... for it is made holy by the word of God and prayer. – 1 Timothy 4:5 (ESV)

... for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come. – 1 Timothy 4:8 (ESV)

For to this end we toil and strive, because we have our hope set on the living God, who is the Savior of all people, especially of those who believe. Command and teach these things. – 1 Timothy 4:10 – 11 (ESV)

Let no one despise you for your youth, but set the believers an example in speech, in conduct, in love, in faith, in purity. – 1 Timothy 4:12 (ESV)

*Until I come, devote yourself to the public reading of Scripture, to exhortation, to teaching. Do not neglect the gift you have, which was given you by prophecy when the council of elders laid their hands on you.
– 1 Timothy 4:13 – 14 (ESV)*

“The spiritual health and growth of the church is dependent on ... arranging our days so we are experiencing deep contentment, joy, and confidence in our everyday life with God.”
– Dallas Willard, Soul Keeping

... Persist in this, for by so doing you will save both yourself and your hearers. – 1 Timothy 4:16 (ESV)



DISCUSSION QUESTIONS

(Feel free to use as many or as few questions for your group discussion)

- Discussion Starter: It was wonderful to see people celebrating their life in Christ through baptism at our ALL TOGETHER service. Invite a few people in your group to share about when they were baptized and why.
- 1 Timothy 4:15 says, "*Practice these things, immerse yourself in them, so that all may see your progress.*" Practice this verse with someone sitting next to you and see if you can say it from memory.
- Read 1 Timothy 4:8. Physical training has a certain amount of value, but why does the Bible say "*godliness*" has even greater value?
- What are some spiritual disciplines or practices that help us mature in our faith? Which one could strengthen your love and devotion to Christ in this current season, and why?
- Read 1 Timothy 4:10 – 11. We strive, train and practice for a lot of things in this life. What are some different areas in life that we often train for? What does it mean to "*strive and toil*" in living out our faith and to "*practice*" godliness?
- What does it look like to "*set our hope on the living God*" in this current season?
- Read 1 Timothy 4:12 and Galatians 5:22 – 23. In 1 Timothy 4:12, Paul mentions a list of spiritual qualities that we should not be ashamed of—qualities that God loves building within us. What spiritual fruit or quality might God be wanting to "*level up*" in your life right now? How can you join in that process with Him and praise Him through it?
- Read 1 Timothy 4:13 – 14. Take some time as a group, or in pairs or small groups, to share some of the spiritual gifts you see in each other's lives.
- What might God be inviting you to "*level up*" in for His glory right now? Take some time to share with the group. If you're in a small group, discuss how God might be leading you to grow together in a deeper way or to "*level up*" your group for His glory.
- In light of the election, pray for our nation, our leaders, and for open doors for the Gospel.