

CHOOSE Joy

CHOOSE OTHERS

Philippians 2:1 – 4 (ESV)

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MESSAGE NOTES

So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, complete my joy ... – Philippians 2:1 –2 (ESV)

*... complete my joy by being of the same mind, having the same love, being in full accord and of one mind.
– Philippians 2:2 (ESV)*

Do not be conformed to this world, but be transformed by the renewal of your mind ... – Romans 12:2 (ESV)

*My brothers, show no partiality as you hold the faith in our Lord Jesus Christ, the Lord of glory.
– James 2:1 (ESV)*

“The first step in conquering pride is realizing that you have a problem. And if you think you don't, you probably have the biggest one of all.” – Unknown

Let each of you look not only to his own interests, but also to the interests of others. – Philippians 2:4 (ESV)

One word to always remember: “Others”

“Humility is not thinking less of yourself; it's simply thinking of yourself less.” – C.S. Lewis

THREE MOVES TOWARD A HEART OF HUMILITY:

So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit, any affection and sympathy, ... – Philippians 2:1 (ESV)

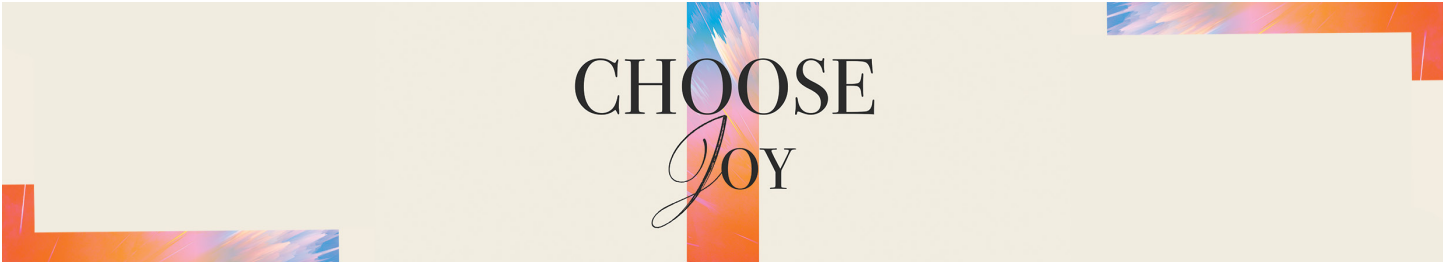
- **ENCOURAGE OTHERS UP**

So if there is any encouragement in Christ ... – Philippians 2:1 (ESV)

And I will ask the Father, and He will give you another Helper, to be with you forever, even the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him. You know Him, for He dwells with you and will be in you. “I will not leave you as orphans; I will come to you.” – John 14:16 – 18 (ESV)

- **LOVE OTHERS UP**

So if there is any encouragement in Christ, any comfort from love, ... – Philippians 2:1 (ESV)



CHOOSE JOY

- **GROUP OTHERS UP**

*So if there is any encouragement in Christ, any comfort from love, any participation in the Spirit ...
– Philippians 2:1 (ESV)*

... looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before Him endured the cross, despising the shame, and is seated at the right hand of the throne of God. – Hebrews 12:2 (ESV)

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DISCUSSION QUESTIONS

- Discussion Starter: What is the best roller coaster you have ridden on and why?
- Read Philippians 2:1 – 4. What are some powerful messages from this well-known passage?
- Why does "*humility in Christ*" convey a sense of going down, only to be raised up again?
- Read Philippians 2:1. What is "*participation (fellowship) in the Spirit,*" and why is group life such an important part of this fellowship?
- Read Hebrews 12:2. Why is Christ the ultimate example of how the power of living a life of humility leads to joy?
- Where is God inviting you to encourage and love others? Why might this involve a step of sacrifice?
- Read John 14:16-18. Why is the Spirit coming alongside us and never leaving us such a powerful example of encouragement?
- Read Philippians 2:3. Restate this verse in a positive way: "*Do everything ...*" Where is God inviting you to live this out right now?
- Read Philippians 2:4. Why is the word "*others*" always important to remember when striving for a heart of humility?
- Pray and ask God to give you His heart for the "*others*" in your life.