



MY GREATEST DAY OF FAITH

FAITH IN TODAY

Psalm 90

April 30, 2023

Jon Field, Lead Pastor

MESSAGE NOTES

A Prayer of Moses, the man of God. — Psalm 90 (ESV)

- 1 — *Lord, You have been our dwelling place in all generations.*
- 2 — *Before the mountains were brought forth, or ever You had formed the earth and the world, from everlasting to everlasting You are God.*
- 3 — *You return man to dust and say, "Return, O children of man!"*
- 4 — *For a thousand years in Your sight are but as yesterday when it is past, or as a watch in the night ...*
- 10 — *The years of our life are seventy, or even by reason of strength eighty; yet their span is but toil and trouble; they are soon gone, and we fly away ...*
- 12 — *So teach us to number our days that we may get a heart of wisdom.*
- 13 — *Return, O Lord! How long? Have pity on Your servants!*
- 14 — *Satisfy us in the morning with Your steadfast love, that we may rejoice and be glad all our days ...*
- 17 — *Let the favor of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands!*

A Prayer of Moses, the man of God. — Psalm 90:1, 12 (ESV)

— Psalm 90:10

- **The eternal nature of God**

— Psalm 90:2 (ESV)

— Psalm 90:4 (ESV)

- **The frailty of life**

— Psalm 90:3 (ESV)

For we are brought to an end by Your anger; by Your wrath we are dismayed. You have set our iniquities before You, our secret sins in the light of Your presence. — Psalm 90:7 – 8 (ESV)

— Psalm 90:13 (ESV)

— Psalm 90:12 (ESV)

WAYS TO LIVE A LIFE THAT COUNTS:

- **Embrace our today**

— Psalm 90:10

"Teach us to remember that we must die, in order that we might know how to live." — Unknown

- **Invest in what counts**

— Psalm 90:12 (ESV)



MY GREATEST DAY OF FAITH

- **Rejoice in Christ**

Satisfy us in the morning with your steadfast love, that we may rejoice and be glad all our days. — Psalm 90:14

Let your work be shown to your servants, and your glorious power to their children. — Psalm 90:16 (ESV)

- **Invite His blessing**

— *Psalm 90:17*

DISCUSSION QUESTIONS

- Discussion Starter: Share one of your earliest childhood memories.
- Read Psalm 90:1, 12. What do you think it means to “number our days”?
- Why does Moses bring up the eternal nature of God and the frailty of man when considering living a life that counts?
- Read verse 13. How does looking forward to Christ’s return cause us to live life to the fullest right now?
- Read Psalm 90:12. Moses talks about gaining a “heart of wisdom”. How does living a life that counts for God’s glory reveal a heart of wisdom?
- What key truth did you take away from the teaching this Sunday?
- Why is rejoicing in the goodness of Christ part of living lives that count for God’s glory? (Psalm 90:14)
- In light of the message of Psalm 90, what is something that you might want to make a priority in your schedule or adjust in life?
- Psalm 90: 17 says, “*Let the favor of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands!*” Take some time to ask God’s blessing over your life and invite Him to give you the wisdom to live by faith today.