



COUNSELING

Counseling is part of our lives. Sometimes it takes the form of a conversation with a trusted friend, family member or neighbor. Some will seek out a Bible Study leader or a pastor for spiritual guidance. At ENCOUNTER there are a number of ways to connect to good, godly, counsel.

GRIEFSHARE for those who have lost a loved one. Debi Dixon is a Certified Grief Coach, specializing in grief and loss. She facilitates our GriefShare workshop offered at various times throughout the year. Call 805-766-4071 to schedule an appointment.

CELEBRATE RECOVERY meets every Thursday night at 6:30 pm in The PLEX. This is not just a program for drug and alcohol addiction. Find hope and healing for any painful situation or habit that keeps you stuck in a cycle of dysfunctional behavior. Childcare provided at \$5 per family.

SECULAR SUPPORT GROUPS meet on campus dealing with Alcohol and Drug dependency, Eating Disorders, Family Issues, Sexual Addiction, Depression/Bipolar and Brain Injury are listed on our website.

PROFESSIONAL COUNSELING RESOURCES

ENCOUNTER lists the following professional counseling resources as a courtesy to our members. We do not endorse or recommend specific therapists, but those listed have received positive feedback from church members

- **Sandra Moe**, MS, LMFT (couple and family issues, depression, stress, anxiety, trauma, and sexual abuse) — Ventura, 805-479-9980
- **Houtz & Associates** — Ventura, 805-794-4755
- **Pat Stepler**, MS, LMFT (child, adolescent and family therapy with an emphasis on anxiety/depression, attachment issues, substance abuse, high-risk self-injurious behaviors and for women struggling with chronic illness, life transitions or fertility issues) — Ventura, 805-765-2873
- **Patrick McCaslin**, LMFT (anger, addiction, abuse) Ventura, 805-288-8530
- **Kathleen Streeter**, LMFT (individuals, couples, trauma, infidelity, anxiety, and sexual abuse) Ventura, 805-626-0193
- **Open Door Counseling Center** — Ventura, 805-620-7561
- **Coastline Christian Counseling Center** — Ventura, 805-654-1422
- **Kids and Families Together** (family counseling center) Ventura, 805-643-1446



- **Kimberly Prendergast**, LMFT (at risk children, teens, young adults, depression/ anxiety, substance abuse and self-injurious behavior) Ventura, 805-243-8085
- **Timothy D. Smith**, MA (family coach) Westlake Village, 805-208-0648
- **Debi Dixon**, Certified grief coach — Ventura, 805-766-4071
- **Marty Lythgoe**, CADC, NCAC, SAP (addiction, coda, relapse prevention) — Ventura, 805-654-1422, x1
- **Geoffrey Buckley**, PhD, MS, LMFT, M.Div. (family and marriage counseling) — Newbury Park, 805-405-0641
- **Dr. Christopher Sicliano**, PsyD (psychiatry) Ventura, 805-620-7561



CONTACT ENCOUNTER CARE MINISTRIES

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805-656-7766, x251 (confidential voicemail)

805-665-3455 (Care Text Line)