

E ENCOUNTER

COUNSELING

Counseling is part of our lives. Sometimes it takes the form of a conversation with a trusted friend, family member or neighbor. Some will seek out a Bible Study leader or a pastor for spiritual guidance. At ENCOUNTER there are a number of ways to connect to good, godly, counsel.

GRIEFSHARE for those who have lost a loved one. Debi Dixon is a Certified Grief Coach, specializing in grief and loss. She facilitates our GriefShare workshop offered at various times throughout the year. Call (805) 766-4071 to schedule an appointment.

CELEBRATE RECOVERY meets every Thursday night at 6:30 pm in The PLEX. This is not just a program for drug and alcohol addiction. Find hope and healing for any painful situation or habit that keeps you stuck in a cycle of dysfunctional behavior. Childcare provided at \$5 per family.

SECULAR SUPPORT GROUPS meet on campus dealing with Alcohol and Drug dependency, Eating Disorders, Family Issues, Sexual Addiction, Depression/Bipolar and Brain Injury are listed on our website.

PROFESSIONAL COUNSELING RESOURCES

ENCOUNTER lists the following professional counseling resources as a courtesy to our members. We do not endorse or recommend specific therapists, but those listed have received positive feedback from church members

- **Sandra Moe**, MS, LMFT (couple and family issues, depression, stress, anxiety, trauma, and sexual abuse) — Ventura, (805) 479-9980
- **Houtz & Associates** — Ventura, (805) 794-4755
- **Pat Stepler**, MS, LMFT (child, adolescent and family therapy with an emphasis on anxiety/depression, attachment issues, substance abuse, high-risk self-injurious behaviors and for women struggling with chronic illness, life transitions or fertility issues) — Ventura, (805) 765-2873
- **Patrick McCaslin**, LMFT (anger, addiction, abuse) Ventura, (805) 288-8530
- **Jemma Roberts**, LMFT (families, young adults, brain health, ADHD/ADD, depression & anxiety) -- Ventura, (805) 665-3028

- **Kathleen Streeter**, LMFT (individuals, couples, trauma, infidelity, anxiety, and sexual abuse) Ventura, (805) 626-0193
- **Open Door Counseling Center** — Ventura, (805) 620-7561
- **Coastline Christian Counseling Center** — Ventura, (805) 654-1422
- **Kids and Families Together** (family counseling center) Ventura, (805) 643-1446
- **Kimberly Prendergast**, LMFT (at risk children, teens, young adults, depression/anxiety, substance abuse and self-injurious behavior) Ventura, (805) 243-8085
- **Timothy D. Smith**, MA (family coach) Westlake Village, (805) 208-0648
- **Debi Dixon**, Certified grief coach — Ventura, (805) 766-4071
- **Marty Lythgoe**, CADAC, NCAC, SAP (addiction, CODA, relapse prevention) — Ventura, (805) 654-1422, x1
- **Geoffrey Buckley**, PhD, MS, LMFT, M.Div. (family and marriage counseling) — Newbury Park, (805) 405-0641
- **Dr. Christopher Siciliano, PsyD** (psychiatry) Ventura, (805) 620-7561



CONTACT ENCOUNTER CARE MINISTRIES

6950 Ralston Street, Ventura, CA 93003

Lindsey Lopez | Care Coordinator

llopez@encounterlife.org

(805) 656-7766, x251 (confidential voicemail)

805-665-3455 (Care Text Line)