



## how does CR work?

Celebrate Recovery's (CR) focus is to celebrate God's healing power in our lives through the 8 Recovery Principles and the 12 Christ-centered Steps. By working and applying these biblical principles, we become free from hurts, habits, and hang-ups, or anything that separates us from a relationship with God. This freedom creates peace, joy, and most importantly, a stronger personal relationship with God and others.

## who is CR for?

Those who struggle with codependency (compulsion to rescue and take care of others), pride, anger, eating issues, gambling, spending, control issues, domestic violence, self abuse, alcohol or drugs, sexual addiction, love & relationship addiction, sexual abuse, emotional abuse, physical and/or emotional affairs, or any other issue you wish to eliminate from your life.

## does it cost money to attend CR?

No. It is a ministry of Bible Fellowship Church. An offering is collected during the meeting. Donations go toward the cost of supplies, childcare, materials, and scholarships.

## does CR have childcare?

Yes, offered at a discounted rate of \$5/child. (scholarships available)

## what happens at a CR meeting?

6:30 – 7:30 . . . large group gathering

7:30 – 8:30 . . . open share groups

8:30 – 9:00 . . . *Safe Place Café*

During the large group gathering, we worship God through music. We hear the success stories of others who have enjoyed recovery, and we hear teaching on specific topics.

Open share groups provide a safe place to express your experiences, strengths, and hopes with others. The group facilitator has gone through a similar hurt, habit, or hang-up. Open share groups provide you with an opportunity to find an accountability partner and/or sponsor. All participants in the group are given 3 – 5 minutes to talk about what is going on in their lives. Anonymity and confidentiality are basic requirements of CR.

What could be better than a cup of coffee, treats, and time to fellowship and encourage each other? Come join us at the *Safe Place Café* — hosted by the open share groups.

## when/where does CR meet?

We meet every Thursday night at ENCOUNTER Bible Fellowship Church (corner of Johnson and Ralston) in The PLEX (off of the Ralston Street Parking Lot), 6:30 pm, 6950 Ralston St., Ventura.

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